

The chef service is included in our offering; there is no extra cost for it. Please remember that it is a one-person show, as opposed to a fully staffed restaurant operation, so it will take time to prepare the dishes.

Thanks for being patient and for giving the chef ample notice of your desired meal times and choices.

We encourage you to speak with the chef to create a menu plan for your stay, or at least on a rolling basis for the next day or two. Our menu suggestions are intended to be "family style" where the group shares a number of dishes, rather than everyone having their separate dish. The chef will make a list of groceries that are necessary to prepare your chosen meals. You are welcome to buy the groceries yourself or we can do the shopping on your behalf. We will charge you the actual cost of the groceries, no mark-up. If you send us your choices for the first couple of days, we can do the grocery shopping ahead of your arrival so a nice meal awaits you.

Please be sure to mention any allergies, intolerances and general preferences.


## WARM DRINKS

## BLUE MOUNTAIN COFFEE

 NESPRESSO COFFEE SELECTION OF TEAS HOT CHOCOLATE
## COLD DRINKS

## ICED TEA <br> COCONUT WATER <br> TROPICAL JUICES <br> (e.g. apple, orange, <br> pineapple, cherry, june <br> plum, guava, sorrel, <br> mango-carrot, soursop)

## GROWN-UP STUFF

MIMOSAS

## SIDES

## YOGURT

CEREAL
SEASONAL FRUIT PLATTER
TOAST, BUTTER \& GUAVA JELLY JOHNNY CAKES
(fried dumplings)
BREADFRUIT
(roasted or fried)
BAMMY
(fried cassava)
BOILED YAMS
SWEET FRIED PLANTAINS
BOILED GREEN BANANAS


## Breakfast

## THE BELMONT CLASSIC JAMAICAN BREAKFAST

Seasonal selection of the Jamaica breakfast classics, including ackee $\&$ saltfish, callaloo, ak choy, corned beef \& cabbage, saltfish fritters, etc. with a choice of Jamaican sides.

## THE BELMONT INTERNATIONAL BREAKFAST

Eggs any style, bacon, Canadian bacon, sausages, omelettes, toast, butter \& guava jelly.

## RUNDUNG

Choice of mackeral, shrimp or saltfish cooked in a rich coconut cream sauce.

## COW'S LIVER

Sauteed with onions, garlic, and scotch bonnet peppers. A Jamaican favourite!

## PORRIDGE

Choice of cornmeal, banana, plantain, or hominy corn.

## FRENCH TOAST

## PANCAKES

## SOFT DRINKS

## FRUIT PUNCH <br> LEMONADE <br> ICED TEA <br> SORREL <br> COCONUT WATER <br> TROPICAL JUICES <br> (e.g. apple, orange, pineapple, cherry, june plum, guava, sorrel, mango-carrot, soursop) SODAS <br> (e.g. Ting, ginger beer, kola champagne, Coca-Cola)

## GROWN-UP STUFF

## BEER

WINE
COCKTAILS

- MIMOSA
- RUM PUNCH
- RUM \& TING
- RUM \& SORREL
- RUM \& SOURSOP


## SIDES

SALAD
SEASONAL FRUIT PLATTER ROASTED COCONUT CHIPS FRIES
FESTIVAL
(sweet fried dumplings)


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## soup

Choice of cream of pumpkin, pepper pot, red peas, cock soup, or fish tea.

## RASTA PASTA

Creamy pasta tossed with jerk chicken and bell peppers.

## JERK PLATTER

Choice of jerk chicken, jerk pork, jerk fish, or jerk lobster with a side of festival.

## JAMAICAN PATTIES

Choice of beef, beef cheese, chicken, soy, or callaloo.

## SPICED BUN \& CHEESE

Fruit bun with Jamaican canned cheese.

Served with fries or other sides:

## GRILLED CHEESE SANDWICHES BURGERS <br> HOTDOGS <br> SPICY WINGS FISH STICKS



## SOFT DRINKS

## FRUIT PUNCH

LEMONADE ICED TEA
SORREL
COCONUT WATER
TROPICAL JUICES
(Choice of apple, orange, pineapple, cherry, june plum, guava, sorrel, mango-carrot, soursop)

## SODAS

(e.g. Ting, ginger beer, kola champagne, Coca-Cola)

## GROWN-UP STUFF

## BEER

WINE
COCKTAILS

- MIMOSAS
- RUM PUNCH
- RUM \& TING
- RUM \& SORREL
- RUM \& SOURSOP

SIDES

## SALAD <br> SEASONAL FRUIT PLATTER STEAMED RICE <br> JAMAICAN RICE \& PEAS MASHED POTATOES SWEET POTATOES MAC \& CHEESE SALTFISH FRITTERS SWEET FRIED PLANTAINS

## N <br> Belmontvilla MENU

## SOFT DRINKS

## FRUIT PUNCH

LEMONADE ICED TEA
SORREL
COCONUT WATER
TROPICAL JUICES
(Choice of apple, orange, pineapple, cherry, june plum, guava, sorrel, mango-carrot, soursop)

## SODAS

(e.g. Ting, ginger beer, kola champagne, Coca-Cola)

## GROWN-UP STUFF

## BEER

WINE
COCKTAILS

- MIMOSAS
- RUM PUNCH
- RUM \& TING
- RUM \& SORREL
- RUM \& SOURSOP


## SIDES

## SALAD

SEASONAL FRUIT PLATTER STEAMED RICE
JAMAICAN RICE \& PEAS MASHED POTATOES SWEET POTATOES MAC \& CHEESE SALTFISH FRITTERS SWEET FRIED PLANTAINS


## SOUP

Choice of cream of pumpkin, tomato, or lobster bisque.

## PORK CHOPS

Grilled or Fried.

## SPAGHETTI IN MEAT SAUCE

Choice of red tomato sauce or white cream sauce.

## RASTA PASTA

Creamy pasta tossed with jerk chicken and bell peppers.

Choice of grilled, steamed, or curried:

## LOBSTER

SHRIMP
FISH

## DESSERTS

- Seasonal Fruit Platter
- Sweet Potato Pudding
- Bread Pudding
- Ice-cream
- Cake

